TEST RECIPE

	CRISPY SHRIMP &	GRITS
5/20/2025	Plate: Black Crackle or Blue Bowl	To Go: 1 Compartment
STEP #1: INGREDIENTS		
6 each	Shrimp Butterfly	
to dust	Seasoned Flour	
to batter	Seafood Buttermilk	
to Bread	Seasoned Flour	
3 Shakes	Seafood Seasoning	
	STEP #2: INGREDIENTS	
4vz	Etouffee - Prepped	
	SETUP / GARNISH	
#6 scoop	<u>Grits</u>	
1/2 TBL	Green Onions - Chopped	

STEP 1: TO COOK

- 1. Count out butterfied shrimp.
- 2. Using the open finger method, tumble the shrimp in the flour. Make sure to spread apart the butterflied sections so that the breading can reach all surfaces.
- 3. Gather the shrimp together in a culinary basket, and shake vigorously to get a very fine dusting.
- 4. Submerge the shrimp in the batter, using a spatula to help coat every shrimp.
- 5. Raise the basket, and **tap against the pan 3 times** to remove excess batter.
- 6. Using the open finger method again, tumble and flip the shrimp in the flour. Tumbing incorporates air into the flour, achieving the desired "spikes". NOTE: "Spiking" increases the volume of the breading, resulting in a lighter and crispier product.
- 7. Gather the shrimp together, and place inside a culinary basket. **Gently** shake the basket to get rid of excess flour.
- 8. **Lower a fryer basket into the fryer oil,** then carefully dump the shrimp from the culinary basket into the fryer basket.
- 9. Fry for 2 minutes, then drain on a sav-a-day. SET A TIMER!!
- 10. Shake the Seafood Seasoning **evenly** over top the fried shrimp in the sav-a-day.

STEP 2: TO COOK

1. Add the etouffee sauce into an amber 1/9 pan, cover with lid and **microwave for 45 seconds**.

CONTINUED ON NEXT PAGE

TEST RECIPE

SET UP / GARNISH

Reference the attached pictures for plating setup & garnishing.

- 1. Scoop a #6 scoop of grits into the center of the bowl.
- 2. Pour the contents of the 1/9 pan over top of the grits.
 - NOTE: Keep the sauce off the rim of the plate.
- 3. Receive the fried shrimp from the Fry Station, and using tongs, place the fried shrimp **tails out, evenly spaced** around the grits.
- 4. Sprinkle the chopped green onions "Coast to Coast" over the entire dish.



